



Event/Location Description

The Arthritis Foundation needs your help. Join The Arthritis Foundations Carolina Blue Ridge Classic, today and help us raise funds to support research in the prevention, control and cure of arthritis. The Arthritis Foundation hosts hundreds of Arthritis events nationwide, raising funds to improve the lives of 46 million Americans, including 300,000 children living with doctor diagnosed arthritis or chronic joint symptoms. In North and South Carolina alone, there are over 1500 children living in pain everyday. We look forward to a day when it no longer hurts to be first. By joining The Arthritis Foundation Carolina Blue Ridge Classic, you could help us fight this disease on a local level. **Registration is \$50 for one day or \$75 for both days**

On August 6-7th The Arthritis Foundation Charlotte Chapter will host the 4th Annual Carolina Blue Ridge Classic. The Ride offers a 2 day event with various loops and mile options through the beautiful mountains of western North Carolina. 55-80 mile routes are available both days. Encompassing the Blue Ridge Parkway, participants are provided with a carefully designed route that features scenic rest stops, full service SAG stations with restroom facilities, technical support and rider relief vans to ensure a safe and fun ride. With elevation gains of 4500 and 7000 feet, any rider, novice or expert will find a great deal of pleasure in riding the Blue Ridge. Sunday, August 7th offers the chance to ride up Beech Mountain and see if it is really as tough as they say. And what better reason to do something you enjoy than to raise funds for a disease that sidelines 46 million Americans! The 2010 Carolina Blue Ridge Classic spans some of the same mountain roads that in the late 90's created part of American Cycling history as riders like Lance Armstrong, George Hincapie, Bobby Julich, Viatchislav Ekimov and Tyler Hamilton all battled it out on the mountains surrounding this area. Visit our website at www.2010carolinasblueridgeclassic.kintera.org.

The Arthritis Foundation mission is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases. Funds raised will go to support The Arthritis Foundation programs which include: Aquatic Programs, PACE (people with arthritis can exercise too) Program, Arthritis Self Help Course, Fibromyalgia Self Help Course and The Arthritis Foundation Support and Education Group Program. We also fund literature and books, information referral services, physician referral services, health fairs and public forums and public awareness programs, as well as world renowned arthritis research. The Carolina's chapter funds over \$1.1 million in research through out North and South Carolina

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