





Join us for the first annual Run for the Heroes 5K/10K race organized by the St. Anthony Catholic Parish. This inaugural race honors the sacrifices our servicemen and women and their families have made for our country. Participants will enjoy event T-shirts, post-race refreshments, overall awards, and age group awards. Proceeds benefit the St. Anthony Catholic Parish School.

Date: Monday, May 31, 2010  
 Location: St. Anthony Catholic Church  
 2536 West Hoffmeyer Road  
 Florence, SC 29501  
 Course: The certified course starts and finishes in the St. Anthony Church parking lot.  
 Shirt: Shirts for all early registered 10K/5K runners. Late registrants not guaranteed shirt/size.  
 Post Race: Runners will be treated to post race refreshments and awards.  
 Race Coordinator:



### Race Day Schedule:

07:30- Packet Pick-up & Registration  
 08:30- Memorial Day Military Tribute  
 -Posting of Colors  
 09:00- 5K Run / 10K Run Start  
 10:30- Awards Ceremony / Refreshments

### Entry Fees (Includes T-shirt):

Postmarked by May 19<sup>th</sup> :  
 Individual 5K - \$20 10K - \$30  
 Military Personnel 5K - \$10 10K - \$15  
 May 20<sup>th</sup> until race day:  
 Individual 5K - \$25 10K - \$35  
 Military Personnel 5K - \$15 10K - \$25

### Pre-Registration:

1. Mail this registration and entry fee to:  
 St. Anthony Catholic Parish  
 2536 West Hoffmeyer Road  
 Florence, SC 29501
2. Register in person on Sunday, May 30<sup>th</sup>  
 1:00-3:00 pm  
 (St. Anthony Parish Family Center)
3. Register online at [www.rmssports.com](http://www.rmssports.com), click on "running/triathlons" then "calendar" and look for the *Run for the Heroes* link.

### Same-Day Registration:

Monday, May 31 from 7:30-8:30 am  
 (St. Anthony Parish Family Center)

### For More Information...

Contact Jeff Pierfy at [pierfy@sc.rr.com](mailto:pierfy@sc.rr.com)  
 Or call 629-9212 or 662-5674.

## St. Anthony Catholic Parish Run for the Heroes

### Registration Form

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State / Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 DOB \_\_\_\_\_ Age \_\_\_\_\_  
 Male  Female  
 Military Personnel  
Division:  
 5K  10K  
Age Group:  
 13 & under  40-44 years  
 14-19 years  45-49 years  
 20-24 years  50-54 years  
 25-29 years  55-59 years  
 30-34 years  60-64 years  
 35-39 years  65+  
 T-shirt Size: \_\_\_\_\_

Please make checks payable to:  
 Friends of St. Anthony  
 2536 West Hoffmeyer Road  
 Florence, SC 29501